Syn. 8. 54. 83

Pronostycacyon

of Erra Pater, Doctor in Astronomye, and Phesyke, Profytable for to kepe the body in helth, & Ptholome sayth the same.

ASI fynde in the scy-
ence of Astronomye/
There ben foure maner of Coo-
lers in a mannes body of the.iiii.
Complexyons. The fyrste is blode, the seconde
blacke Cooler, the thyrde fleumes, & the fourth
yelowe Cooler. And yf one of the.iiii.lacke, all
the body shuld be anone forthwith deed, for as
moche susteyneth one of theym the body, as the
other. And eueryche of them oughte to be at a
certayne, for and one of theym sermount the
other, all the body shall haue domage therby, &
all.iiii.be ryght peryllous. for and the blode sur
mount the other, he myghte esteygner distroye
& ouercome the bodye, & make hym to dye, for
he gadreth & congeleth euen ryght on the herte
and taketh away the flatte, spyrte, & the brethe,
and in that maner (lesteygne) and is ouercome
& deade. But at that tyme whan ẏ great course
taketh hym, he maye soone be aswaged to lesse
hym a lytel to take away a lytel blod from hym
and anone all wyll aswage of this peryll.
¶ Also the blacke Cooler be right peryllous &
they surmounte all ẏ other, they maye domage
greatly the bodye, & by many dyuers maners,
for they maye cause and make the bodye to fall
on the euyll syckenesse, and lese his wytte and

128;95

knowledge, and become a foole, and cause also the body to be full of euyll scabbes, & often tymes to be mesell, and maketh a man to be feare full, and a cowarde, & of many euyll maners. And whan they surmounte the other: they be ryght greuous & domageous. And by herbes, flowres, fastynge, abstynence, drynkes, and medycynes they may be aswaged.

¶ The fleumes ỳ be whyte be peryllous when they surmounte the other Coolers of ỳ bodye, they do great domage and hurte, for they engendre gowtes & many other euyll sycknesses that be colde, and they hurte also the feete and the handes, and the raynes, and the knees, the legges, & the tethe, & make the mouthe and the breth stynkyng, & the nose, & ỳ eares, & causeth many other dyseases and sycknesses, but they may be aswaged by herbes, flowres, rotes, drynkes, medycynes, & also by vomyssyng.

¶ Also the yelowe Coolers, be peryllous, for whē they surmount ỳ other Coolers, in a mannes body, they (assorbent) the herte & trauayll the brayne, and maketh all the membres feble and softe, and taketh awaye the wyll and the appetyte frō the body, that he may not eate nor drynke. And also they chaūge a mances coloure, and maketh hym to lose his syght and become blynde, & they may be also aswaged as the other

fleumes be, by herbes, flowers, rootes, and by vomyssynge.

¶ These .iiii. humoures be of the .iiii. Complexions, and they haue the domynacyon of the body .iiii. tymes in the yeare, and eche of them a quarter of a yeare.

¶ The yere is .xii. monthes, that is to saye. lii. wekes and one daye, And this is to vnderstande .CCC.lx.dayes, & .vi. houres.

¶ The dysposycyon of the fyrste seasen of the yere.

Capricornus, Aquarius, & Pisces.

The fyrste seasen of the yeare that hathe domynacyon of the bodye of man, is. iii. Monthes, and they be named these thre sygnes, Capricorne, Aquario, and Pisces. And these thre sygnes haue power of all Fleumes of the body of man and woman, and they be colde and moyste, and they begyn to reygne the .xxiiii. day of December, & dureth vnto the .xxiiii. day of Marche.

¶ The dysposycyon of the seconde parte of the yere.

Aries, Taurus, and Gemini.

The seconde parte of the yere, is other .iii. Monthes, and these be the sygnes, Aries Taurus, and Gemini. And they haue

power in the bodye of man of the blode, & they be hote and moystye, and they begyn to reygne the. xxiiii. day of Marche, and dureth vnto the. xxiiii. daye of June.

¶ The dysposycyon of the thyrde seasō of the yere.

Cancer, Leo, and Virgo.

The thyrde seasō of the yere, be other. iii. Monthes, and these be the sygnes, Cancer, Leo, and Virgo, and they haue power within the body of man of the yelowe Coolers, and they be hote and drye, and they begyn to reygne the. xxiiii. daye of June, and dureth vnto the. xxiiii. daye of Septembre.

¶ The dysposycyon of the fourthe parte of the yere.

Libra, Scorpio, & Sagittarius.

The fourth parte of the yeare, be other. iii. Monthes, and these be the sygnes Libra Scorpio, and Sagittarius, and they be colde and drye, and they begyn to reygne the. xxiiii. day of Septembre, and dureth vnto the. xxiiii. daye of Decembre. And by the maner of these. iiii. seasons, euery man may kepe hym from all contraryes of metes and drynkȝ, and clothynge, and from other contarye. And yf a man wyll kepe hym after the maner that is re-

hersed in this boke, he shalll neuer haue Infyr-
mytyes of bodye, by ẏ grace of god, Take pe-
later of spayne and chawe it in thy mouth, for
it is good to spourge the heed & the body. Also
eate fenell sede, comyn sede, for eche of these se-
des dystroye the fleumes, that all the euylles in
mannes body come of.

¶ Eest.

¶ Ignis Iuuentus et Estas.

¶ The water red and thynne, ẏ grose male red
and harde, the spetyll thycke & clammye. The
synges Aries, Leo, & Sagittary, is gẽdred of
coloryke, hote, and drye, and Orientall, & the
syckenes be take in these sygnes, it is great pe-
ryll: but he haue his medycyne colde & moyste,
and the dyete of the same complexcion, then he
may be healed by the grace of god.

¶ West.

¶ Aer Adolescentia Ver.

¶ The water red and thycke, the grose mater
reed and thynne, the spetyll thynne and swete,
the extremytyues out of course, The sygnes
Gemini, Libra, and Aquarie, is engendred
of sanguyne, hote, and moyste, and Occyden
tall, the cure is colde and drye, with dyete of the
complexyon, cascia fistula in aqua vite.

¶ Northe.

¶ Terra Senectus Autumpnus.

¶ The water whyte and theynne, the groſe male blacke and thycke, the ſpetyll thycke and ſowre, the extremytyues vnneth feled, The ſygnes Taurus, Virgo, and Capricornus: he is engendred of Malencoly colde and drye, Septemtyrnall, the cure hote and moyſte with the dyete of the ſame complexyon.

¶ Sowthe.

¶ Aqua Senium et Hyems.

¶ The water, whyte and thycke, the groſe mater whyte and thycke, the ſpetyll thynne and ſwete, the extremytiues feble. The ſygnes Cancer, Scorpio, and Piſces, he is engendred of fleume colde & moyſt, Meridionall, the cure hote & dyre of the ſame, purgatio trauit aqua vite, or in potage.

¶ The dyſpoſyon of the .xii. Monthes, vpon blode lettynge.

¶ January.

IN the monthe of Januarye, let the no blode on ỹ fyrſte daye for it is peryllous, ne on the .ii. daye, ne the .v. day, ne ỹ .x. daye, ne the .xv. day, ne the .xix. day, ne the .xx. day, ne the .xxv. day, but as often as thou wylt drynke

good whyte wyne fastynge. And alwaye take good hede of the dayes that be aboue wrytten, for they be peryllous for to be let blode on, but the sygne be ryght good for blode lettynge.

¶ February.

¶ In the mouthe of February, eate no potage of hokkes or maloys, for that is venym. And yf thou haue nede to blede, on the wrest on the vayne of thy thombe, blede not on the. iiii. daye, ne on the. vi. daye, ne on the. viii. daye. But on the. xiiii. day is ryght good, ne blede not on the. xvii. daye, ne on the. xxvi. daye, ne on the. xxviii. day, but that the sygne be very good and thou mayste chose.

¶ Marche.

¶ In the monthe of Marche, eate fygges, reysyns, & swete meates & drynkes and hote meates. And let the blode on ẏ ryght arme on the. v. daye, or on the. vii. daye, or on the. xvii. daye, for that is good agaynst all maner of Febres, but beware blede not the fyrste daye, ne the. xv. daye, ne on the xvi. daye, ne on the. xix. daye, ne on the. xxviii. daye, & thou maye chose. And yf thou do loke that the sygne be right very good.

¶ Apryll.

¶ In the monthe of Apryll, blede on the lefte arme on the. iii. daye, or on the. xi. daye, or on

the.xv.daye, and thou ſhall haue no great hede ache, ne leſe thy ſyght that yere. And vſe freſſhe and hote meates, but blede not on the.vii.daye, ne on the.viii.daye, ne on the.x.daye, ne on the.xv.daye, for theſe dayes be not ryghte good for bledynge.

¶ Maye.

¶ In the moneth of Maye, ryſe erely, & eate and drynke by tyme, vſe hote metes & drynkes, but eate neyther of hed nor fote whyle ỳ Maye laſte. And let the blode on the fyrſte daye, or on the.xviii.daye, on whiche arme thou wylt, or on the.xxvii.daye, or on the.xxviii.daye, & it ſhall moche helpe the agaynſt all maner of euylles. But beware that thou blede not on the.iii.day, ne the.vi.daye, ne the.xxv.daye.

¶ June.

¶ In the moneth of June, ſome Phyſycyens ſaye, ỳ it is good euery daye to drynke a quantyte of colde water faſtynge. And rule the of thy mete & thy drynke meſurably, & eate letuſe and ſawge, and yf thou haue nede to blede, blede on the.xxviii.daye for ỳ is ryght good. But beware that thou blede not on the.vii.daye, ne on the.x.daye, ne on the.xv.daye, ne on the.xvi.daye, ne on the.xxii.daye.

¶ July.

¶ In the moneth of July, kepe the from lechcrye, for than thy brayne and thy humoures ben alwaye open. And blede not in this monthe, but yf thou haue great nede. And than beware alwaye that thou blede not vpon thr. xiii. daye, ne on the. xv. day, ne on the. xix. daye, ne on the. xxii. daye, for it is very daungerous.

¶ August.

¶ In the moneth of August, eate no maner of wortes, nor of no maner of hote meates nor drynkes of spycerye, nor blede not on the fyrst day, ne on the. xx. day ne on the. xxix. day, ne on the. xxx. daye. The other dayes thou mayst blede for great nede yf the sygne be good for blode lettynge, but not els and thou loue thyselfe in good healthe.

¶ Septembre.

¶ In ỳ moneth of Septembre, al maner fruyte that is rype and not infected is good for to eate. And bled on the. xvii. day, or on the. xxvii. daye, for of the dropsy, frense, and palsye, ne of the fallynge euyll drede the not of all ỳ yeare. And yf thou haue nede to blede more. Beware that thou blede not on the. iii. day, ne on the. iiii. daye, ne on the. xvi. daye, ne on the. xxi. daye, ne on the. xxii. daye.

¶ Octobre.

¶ In the moneth of Octobre, drynke good & holsome wyne, and blede not, but that great nede make the, and loke that the sygne be very good. But yet beware that thou blede not on the.iii.day, ne on the.vi.day, ne on the.xvi.day ne on the.xxiiii.daye, & thou wylt do well.

¶ Nouembre.

¶ In the moneth of Nouembre, blede not but for nede, for all thy blode is gadred that tyme vpon thy hecd vayne. Bathe thē not but vent the a lytell of grasynge, for than ben all thyne humours ouer quycke for to blede, and yf case be ỳ thou haue great nede for to blede, beware of the.v.day, & the.vi.day, & ỳ.xv.day, & the.xix daye, and the.xxviii.daye, and the.xxix.daye.

¶ Decembre.

¶ In the monthe of Decembre, blede not but yf thou haue great nede for the case. And blede than on ỳ.xxvi.daye, for it is ryght good. And in case thou haue more nede for to blede, bewa; re of the.vii.daye, & the.xv.daye, and of the.xvi. daye, & of the .xvii.daye, and of the.xxii. daye, and in this monthe come nyghe no fyre with thy shankes.

¶ Thus endeth these.xii.

Monthes.

¶For to vnderstande & know the yeres that shall be plentuous and in great habundaunce of goodes.

¶In die dominica,
That is Sondaye.

IN the yeare that Janyuere shall entre on the Sondaye, the wynter shall be colde and moyste, and the Sommer shal be hote, and the tyme of Hārueste shall be wyndy and rayny with great habundaūce of corne, of wynes, and of other graynes, and of all Gardayne fruyte and herbes. There shall be lytell Oyle, habundaūce shal be of all maner of flesshe, some great newes shall men here spoken, of Kynges, of Prelates of the churche, and other erthly prynces, great warres and robboryes shall be made, and many yonge people shall dye.

¶In die Lune,
that is Monday.

¶In the yeare ỳ Janyuere shall entre on the Mondaye, ỳ wynter shalbe peasyble ynoughe, and the somer shall be very temperate. Than shall be great flodes of waters, that shall breke out of theyr lymyttes and londes, and many

shyppes vpon the see shall perysshe, & in that yeare shall raygne dyuers syckenesses, & chaunges of great lordes shal be made, many women shall perysshe in trauaylynge with chylde, many great lordes shall dye. That yeare shall be lytell grasse and mustarde sede, but there shalbe plentie of corne and wynes, and good chepe of flesshe, and but lytell oyle.

¶ In die Martis,
that is Tuesdaye.

¶ In the yeare that Janyuere shall enter on ye Tuesdaye, the wynter shall be chaungeable and not stedfast, for in the Drymetyme, of trueth it shall freese, and that shall hurte sore the Rye, the Dynes, and the flowres, & the Sōmer shall be drye, hote, & burnynge, in so moche that the herbes of the gardynes shall haue no power to come out of the grounde. All thynges shall be deare, saue onely corne, many men shall dye of the blody flyxe. There shall be no tydynges of thondres, lyghtnynges, & tempestes, but all flesshe shal be deare, many wynes shall tourne.

¶ In dei Marcurij,
that is wednesdaye.

¶ In the yeare that Janyuere shall entre on the wednesdaye, the wynter shall be temperate, but in the ende there shall be snowes and froste.

The prymetyme shall be rayny, great habun-
daunce of all cornes, of wynes, of fruytes, of
haye, of grasse, and generally of all good thyn-
ges. The sõmer shall be a lytell clowdy, by the
whiche therof shall come great sycknesses, po-
re labourers as hande craftes, and artyfycers,
shall gayne meately well this yeare. Many the-
ues shal be, by whom the meane people shall be
sore pylled and discomforted, great waters, bat
tayll, and slaughters shall be towardes the myd
des of the yeare, by the whiche shall come great
goodes to some men. In the ende of the yeare,
there shall be dyuers pestylencee, botches, and
fallynge euylles, and in especyall next the see.

¶ In die Jouis,
that is Thursdaye.

¶ In the yeare that Janyuere shall entre on
the Thursdaye, the wynter shall be longe and
moste parte drye, and this yeare shal be very hol
some. The prymetyme shal be very wyndy, the
sõmer shal be good and temperat, and harueſt
shall be most parte rayny, by the whiche the wa-
ters shall sore breke out of theyr bondes. The
whete & wynes shall be good chepe, there shall
be of otes, of haye, of grasse, and of fruytes cõ-
petently ynoughe. great warre and dyuysyon
shall be betwene the Churche and the kynges, &

the prynces, and in the ende the prynces shall haue victoryes of theyr enterpryses, women shall set them selfe moche to lechery, the people shall be well eased of taxes and talleges.

¶ In die Veneris,

that is Frydaye.

¶ In the yeare that Janyuere shall entre on the Frydaye, the wynter shal be longe and drye And the sõmer vnholsome, Harueste shal be dry all corne shal be deere, the vyntage shal be good ynough, and habundaunce of oyle, of fruyte, of haye, of grasse, and of all gradayne herbes. The worlde shal be sore persecuted with dyuers syckenesses, as of sore yes, and of all etyches, many yonge chyldren shall dye. Great thonders, lyghtynynges, and tempestes shall be, that shall greue sore all the grounde. There shall be earth quakes, and good chepe clothe poore people shal gayne lytell or no thyng, many beestes shall dye for hunger, for the dyuersyte and maladye of the tyme.

¶ In die Sabbati,

that is Saterdaye.

¶ In the yeare that Janynere shall enter on the Saterdaye, the wynter shall be temperate suffycyentlye. And in the Drymetyme shall be frostes, the whiche shall dystroye the Rye, the

wynes, the oyles, and the fruytes. The ſomer ſhall be meately temperate, the Harueſt tyme ſhall be drye, the otes & other corne ſhal be good chepe, all gardayne herbes ſhall be good chepe, ynoughe, and fleſſhe ſhal be good chepe, many olde people ſhall dye, feuers tercyans ſhall greue ſore the worlde, that ſhall be ſycke throughe cuyll heete. And many murmuracyons, warre and murthers ſhall be done, by the one agaynſt the other, & neyghboures agaynſt neyghboures and many other caſes ſhall be often cõmytted and done.

Finis.

Thus endeth the Pronoſtycacyon for euer.

Imprynted by me (Robert Wyer) For Richarde Bankes.

Cum priuilegio, Ad imprimendum ſolum.